

*“He loves me . . . He hits me . . .
He gives me presents . . . He says
he’s never loved anyone like
this.”*

*“Sometimes I make mommy so
mad that she has to hit me.”*

“He said I asked for it.”

*“I am too old to defend
myself.”*

**ARE YOU DATING OR LIVING
WITH SOMEONE WHO:**

- ✓ Has hit, pushed, choked, or kicked you?
- ✓ Is jealous, controls your money, where you go and whom you see?
- ✓ Threatens to call INS on you if you don’t do what he/she says.

DO YOU KNOW CHILDREN:

- ✓ Who don’t get enough food to eat or clean cloths?
- ✓ Whose parents/caregivers hit scream or embarrass them in public?

ARE YOU AN OLDER PERSON:

- ✓ Who feels taken advantage of by your grand children or other family?

ARE YOU A TEEN WHO EVER:

- ✓ Felt like life is not worth finishing high school or even living?
- ✓ Felt so hopeless that you thought about ending your life?

**IF YOU HAVE A FRIEND WHO IS
BEING ABUSED:**

Don’t ignore it.

Be there as a friend and be a good listener.

Don’t assume you know what is right to do, ask for help without alerting the abuser.

Allow him/her to make his/her own decisions.

Let your friend know that he/she is not responsible for the abuse and does not deserve it.

ECDC

901 S. Highland Street,
Arlington, VA 22204
(703) 685-0510

FACTS TO KNOW:

Family violence includes domestic violence, child abuse/neglect, sexual assault, date violence, and elderly abuse/neglect.

Men can be abused too.

You don’t have to be hit to be abused.

Abuse can be verbal, emotional, sexual and/or psychological.

Abusive behaviors are oppressive, coercive, and controlling.

**YOU ARE NOT ALONE.
NO ONE DESERVES TO BE
ABUSED OR SUFFER ALONE.**

**NO PEACE AT
HOME?**

ECDC’s African Newcomer Family Violence
Prevention and Awareness Program

Supported by funding through Family and Children’s Trust Fund (FACT)

**ABUSE IS A CRIME EVEN IF YOU
ARE NOT A CITIZEN**

If you are in danger, call the police by dialing 911.

**FOR HELP OR INFORMATION
PLEASE CONTACT:**

Partner abuse: (703) 838 4911

Elderly abuse/neglect: (703) 838 4911

Child abuse/neglect: (703) 527 4070
(Child Protective Services)

Suicide: 1 800 784 2433
(National Suicide Hotline)

1 800 273 8255